



Coronavirus (COVID-19) Information Resources for Herefordshire

Welcome to the ninth Coronavirus (COVID-19) Information Bulletin from Herefordshire Safeguarding Boards and Partnerships.

Please consider disseminating appropriately across your organisations and networks.

You can also find this information and more Coronavirus (COVID-19) Information Resources for Herefordshire on our website

<https://herefordshiresafeguardingboards.org.uk/>

This week's bulletin is a reminder of Domestic Abuse information and advice, because of the importance of this issue and the extra challenges brought by Covid-19.

Some resources are targeted at Herefordshire residents, produced by West Mercia Women's Aid and other local partners, and some are national initiatives but still relevant here.

Domestic Abuse - Practical steps for keeping safe

West Mercia Women's Aid have produced this practical guide [Domestic Abuse - Practical steps for keeping safe during social distancing](#)

'Make Yourself Heard' - getting help for domestic abuse during lockdown

Hereford based production company and charity Rural Media have produced a short film called 'Make Yourself Heard' for West Mercia Women's Aid. The target audience is anyone living with domestic abuse during lockdown. It is designed to be circulated via social media and the links are below:

Instagram

https://www.dropbox.com/sh/w9odfn670hvwsnh/AACsG5b12rsWkc3-NUmcYNo3a?dl=0&preview=RMP040_WMWA_MakeYourselfHeard_H264_1-1.mp4

YouTube/Facebook/Twitter

https://www.dropbox.com/sh/w9odfn670hvwsnh/AACsG5b12rsWkc3-NUmcYNo3a?dl=0&preview=RMP040_WMWA_MakeYourselfHeard_H264_16-9.mp4

Covid 19 - Resources and information for Polish victims of domestic abuse

Vesta - Specialist Family Support CIC have a page of resources and information for Polish victims of domestic abuse. The website can be found here:

<https://www.vestasfs.org/domesticviolence>

Domestic abuse during COVID-19: a reminder of advice

NHS England and NHS Improvement have published a letter entitled "Domestic abuse during COVID-19: a reminder of advice for NHS staff." The letter may be useful for staff from other agencies as well and can be downloaded here: [Domestic abuse during COVID-19](#)

Campaign launches safe space in Boots stores for victims of domestic abuse across the UK

From today (May 1), victims of domestic abuse will be able to access safe spaces at Boots pharmacies consultation rooms where they can contact specialist domestic abuse services for support and advice. More details can be downloaded here: <https://www.hestia.org/news/press-release-campaign-launches-safe-space-in-boots-stores-for-victims-of-domestic-abuse-across-the-uk>

Covid-19 / Coronavirus – Domestic abuse, sexual violence, and other forms of gender-based violence.

The following information leaflets have been produced containing a lot of useful information and links:

[How can you help? Advice for friends, family, neighbours and community members.](#)

[Safety and Wellbeing Advice for Survivors](#)

Resources from SafeLives and Respect

[SafeLives](#), are a UK-wide charity dedicated to ending domestic abuse, for everyone and for good. They work with organisations across the UK to transform the response to domestic abuse. They have collated resources and useful information which will be updated regularly

<https://safelives.org.uk/news-views/domestic-abuse-and-covid-19>

[Respect](#) is a pioneering UK domestic abuse organisation leading the development of safe, effective work with perpetrators, male victims and young people using violence in their close relationships. Twitter messaging targeted at perpetrators: #Noexcuseforabuse <https://twitter.com/RespectUK>

UK Government information on Coronavirus (Covid-19)

<https://www.gov.uk/coronavirus>

Herefordshire Council Talk Community contact details

The Talk Community Covid-19 response team can be contacted on 01432 260027 or talkcommunitycovidresponse@herefordshire.gov.uk



HM Government

CORONAVIRUS

**STAY ALERT
TO STAY SAFE**

- ✓ Keep a safe distance from other people
- ✓ Stay home as much as possible
- ✓ Keep washing your hands regularly

STAY ALERT ▶ CONTROL THE VIRUS ▶ STOP IT

The image is a blue rectangular poster with white and yellow text. At the top left is the HM Government logo. Below it, the word 'CORONAVIRUS' is written in yellow, and 'STAY ALERT TO STAY SAFE' is written in large white letters. To the right, there are three bullet points, each with a yellow checkmark icon, listing safety measures: 'Keep a safe distance from other people', 'Stay home as much as possible', and 'Keep washing your hands regularly'. At the bottom right, there is a yellow banner with black text that reads 'STAY ALERT ▶ CONTROL THE VIRUS ▶ STOP IT'.