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Dear Parents, Carers and Families

As you may already be aware, Relationships and Sex Education (RSE), along with Health Education, is now part of the National Curriculum.

Schools are required to consult with parents when developing and reviewing their policies for Relationships Education and RSE, which will inform schools' decisions on when and how certain content is covered.

The purpose of the upcoming curriculum is to provide knowledge and understanding of safe and healthy relationships based on respect. This is to encourage the development of safe and healthy relationships throughout life. The subject is designed to help children from all backgrounds build positive and safe relationships, and to thrive in modern Britain.

As part of the Primary's wider Personal, Social and Health Education programme, all of our younger pupils participate in lessons which cover a range of topics to prepare them for their lives ahead. Topic areas covered include the following:

- Healthy eating and exercise
- An introduction to drugs and alcohol
- Keeping clean
- Oral hygiene
- Parts of the body
- Online safety
- Healthy relationships
- Stranger danger

We believe the content of our PSHE coverage is important for all children to be taught. We hope that you will share our enthusiasm for the successful implementation of the new PSHE curriculum, which we feel will benefit all of our pupils. Please do contact our PSHE primary lead, Rhiannon Roberts, if you would like to discuss our provision further.

Yours sincerely

Jill Hurst
Assistant Headteacher